

EverydayProtect



EverydayProtect gives you the reassurance and confidence to keep saying yes to life when the unexpected happens. It provides financial support when you need it, as well as unlimited access to a virtual GP and online Wellbeing Support Centre. Get covered in three simple steps.

Step 1 - Start with Core Cover

EverydayProtect automatically includes the following benefits, with a monthly premium from £10 up to £50.



Broken bones cover is up to £5,000 per broken bone. even if you break more than one



Accidental death should the worst happen, EverydayProtect provides cover for up to **£200,000**



Total permanent disablement unable to look after yourself ever again cover up to **£250,000**



Accidental permanent injuries covers a wide range of life-changing injuries up to £125,000



UK hospital stays cover is up to £250 per 24-hour period you're admitted to hospital due to an accident or sickness (sickness is covered once you have held your policy for at least 12 months)



Non-accidental death benefit up to £10,000 if you die as a result of natural causes, or your premiums returned if your death is within the first year of your policy starting





Step 2 - Add any optional cover

EverydayProtect provides two additional cover options starting from just £1 per month.



Child Cover - from £2 per month

offers a wide range of benefits to help support you through difficult times, including if your child is diagnosed with cancer - and provides protection for children from birth until their 23rd birthday. Children do not need to live with the policyholder.



Active Lifestyle Cover - from £1 per month

provides additional cover in the event of you sustaining bodily injury caused by an accident, which results in a dislocation, a tendon rupture or a ligament tear. We'll help you get back on track, so that you can keep enjoying the activities you love.

Step 3 - Choose your level of protection

MetLife EverydayProtect is an affordable protection plan that can be tailored to suit your needs. There are 5 levels of cover, choose between 1 and 5 units – the more units you buy the higher your benefits will be, and your monthly premium will be higher too.

More units = higher level of benefits

	1 Unit	2 Units	3 Units	4 Units	5 Units
Core Cover	£10 per month	£20 per month	£30 per month	£40 per month	£50 per month
Child Cover	+£2 per month	+£4 per month	+£6 per month	+£8 per month	+£10 per month
Active Lifestyle Cover	+£1 per month	+£2 per month	+£3 per month	+£4 per month	+£5 per month



For full benefits and exclusions please ensure you read the Policy Terms and Conditions document.

Wellbeing Support Centre

As a MetLife policyholder, you'll have unlimited access to our Wellbeing Support Centre. You can go online, access the Wisdom App or speak to a counsellor for in-the-moment support by telephone, or video call. Support is accessible 24 hours a day, 7 days a week, 365 days a year, covering a wide range of issues such as financial, mental and physical wellbeing. Full details will be sent in your welcome pack.



GP24 - virtual GP service

Our individual protection policyholders and their families have unlimited access to GP24, our virtual GP service. GP24 is available 24 hours a day, every day of the year, and can provide unlimited advice, reassurance – and where appropriate – medical diagnosis, which you can access from anywhere in the world.



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